



# DUKE OF ED

## Bronze Participant Presentation



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# Welcome

**Mrs Stacey Exner**

College Principal

Northern Beaches Secondary College

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BRONZE AWARD

BRONZE AWARD

BRONZE AWARD

BRONZE AWARD



## Duke of Edinburgh Bronze Award 2020



Step 1: Student  
Information  
[bit.ly/2OFXfDb](https://bit.ly/2OFXfDb)

1



SCAN ME

Step 2: Getting  
Started  
[bit.ly/37erFnt](https://bit.ly/37erFnt)

2



SCAN ME

Step 3: ORB  
Registration  
[bit.ly/3bfMPkM](https://bit.ly/3bfMPkM)

3



SCAN ME

Step 4: Assessor  
Booklet  
[bit.ly/2OIAmQm](https://bit.ly/2OIAmQm)

4



SCAN ME



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# AWARD BASICS

## The Award's Ten Guiding Principles

Individual

**Non-competitive**

Achievable

**Voluntary**

Development

**Balanced**

Progressive

**Inspiration**

Persistence

**Enjoyable**



# Operating Principles

## Age

Turning 14 in 2020\*

Until your 25th birthday to complete

## Structure

4 required sections: Service, Skill, Physical Recreation, Adventurous Journeys (the hike). At Gold undertake a 5-day Residential Project away from home.

## Levels

3 levels of Award: Bronze (for those aged 14 or over), Silver (for those aged 15 or over) and Gold (for those aged 16 or over)

## Minimum Time

6 months for Bronze, 12 months for Silver and 18 months for a Gold Award.

# AWARD FRAMEWORK



## Gold Residential Project (Gold only)

The Gold Residential Project, completed only at Gold level, aims to broaden participants' horizons through involvement with others in a residential setting.





**Voluntary  
Service**



**Physical  
Recreation**



**Skills**



**Adventurous  
Journey**



**Gold  
Residential  
Project**

**BRONZE**

3 months

3 months

3 months

2 days/1 night

N/A

14+ years

**Year 9**

(1 x practice journey &  
1 x qualifying journey)

Gold Level only

Averaging at least 1 hour per week. Plus additional 3 months for a Major Section-either Service, Skill or Physical Recreation \*

**SILVER**

6 months

6 months

6 months

3 days/2 nights

N/A

15+ years

**Year 10**

(1 x practice journey &  
1 x qualifying journey)

Gold Level only

Averaging at least 1 hour per week. Plus additional 6 months of a Major Section if Bronze Award not completed.\*

**GOLD**

12 months

12 months

12 months

4 days/3 nights

5 days/4 nights

16+ years

**Year 11-12**

(1 x practice journey &  
1 x qualifying journey)

Averaging at least 1 hour per week. Plus additional 6 months of a Major Section if Silver Award not completed.\*

**REGULAR sections require REGULAR  
activity**

**Consistent EFFORT**

1 hour per week

*or*

2 hours every 2 weeks

*or*

4 hours per 4 weeks



# PHYSICAL RECREATION

Encouraging participation in **sport and other physical recreation** and **improvement of health and fitness**

- ▶ athletics
- ▶ basketball
- ▶ cricket
- ▶ cycling
- ▶ dance
- ▶ golf
- ▶ gym
- ▶ hockey
- ▶ kayaking
- ▶ martial arts
- ▶ netball
- ▶ rowing
- ▶ rugby
- ▶ running
- ▶ skateboarding
- ▶ soccer
- ▶ softball
- ▶ surfing
- ▶ swimming
- ▶ tennis
- ▶ walking
- ▶ yoga







## SKILLS

Encouraging the development of **personal interests** and **practical and social skills**

- ▶ animal training
- ▶ art
- ▶ astronomy
- ▶ chess
- ▶ coaching
- ▶ cooking
- ▶ crafts
- ▶ drama
- ▶ fashion design
- ▶ languages
- ▶ media production
- ▶ mindfulness
- ▶ model construction
- ▶ music
- ▶ photography
- ▶ pilot training
- ▶ public speaking
- ▶ reading
- ▶ singing
- ▶ web design

**Non-physical (no sweat!)**

MGC – Beginners Guitar lessons before class on a Monday morning. See Music faculty



## VOLUNTARY SERVICE

Connecting with the community and giving service to others

- ▶ animal care - RSPCA / WIRES
- ▶ **Award Assistant** (ie a Duke of Ed “deputy”)
- ▶ conservation / bush regeneration
- ▶ emergency services
  - ▶ State Emergency Service (SES), Rural Fire Service (RFS)
- ▶ fund-raising
- ▶ helping at after school care
- ▶ hospital / nursing home visiting
- ▶ sporting club volunteer / Surf Life Saving Club
- ▶ litter reduction / clean-up campaigns
- ▶ working in at a charity shop
- ▶ youth leadership

Must be for a genuine cause

(not for a business / family / friend / neighbour)

- ✓ *School canteen*
- ✓ *Uniform shop*



# a SERVICE opportunity

## Lifeline Bookfairs

4 hours of Service for that month.

First in 2020:

Sunday Feb 16<sup>th</sup>; 2pm until approx. 5.30 pm

Ted Blackwood Hall, Warriewood. Cnr Jacksons and Boondah Rds

Tasks:

- load all remaining boxes of books and tables onto trucks and then unload at the Lifeline Book Room at 267 Harbord Rd, Brookvale.
- The tasks are fully supervised and the maximum weight of the boxes is 10 kg
- Interested students to email Lifeline directly

Other Book Fairs for 2020:

May	St Augustines College, Brookvale
August	Warriewood - Ted Blackwood Hall
November	St Augustines College, Brookvale



Crisis Support. Suicide Prevention.

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Contact the coordinator, Glenice Bland:

[glenicebland@gmail.com](mailto:glenicebland@gmail.com)

0419 269 821

You must be registered for the Duke of ED program before recording community service hours from the Bookfair.

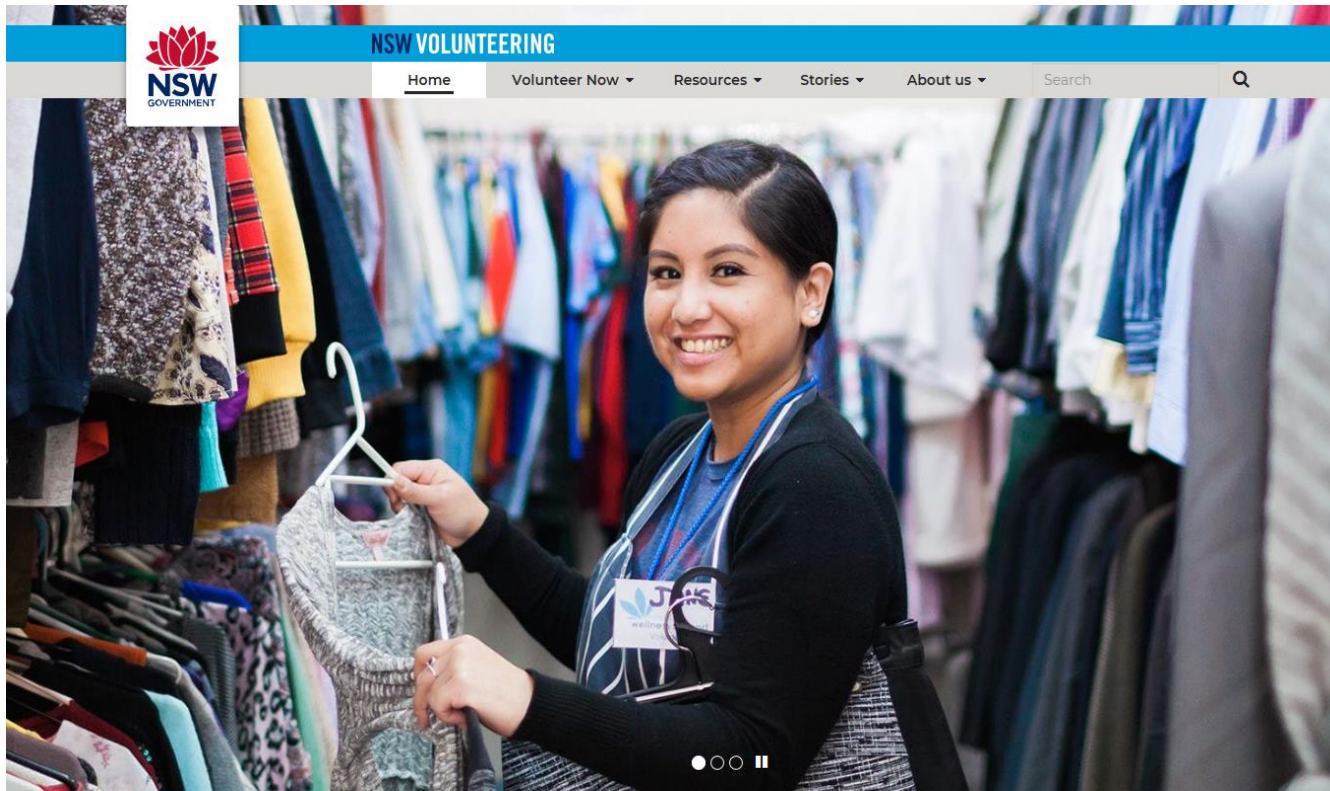


# Community SERVICE opportunities

- **Be Connected Young Mentors Program**
  - Digital mentoring program at Manly Computer Pals
  - Begins at the end of term 1
  - 13 week program
  - Limited numbers
- Northern Beaches Library – website
- Manly Food Co-op
- Mackellar campus Canteen
- Cromer campus Homework Club

# more SERVICE ideas

Volunteering NSW opportunities – U can make a difference  
<https://www.volunteering.nsw.gov.au/>



U can make a difference

# ASSESSORS

- ▶ suitably skilled, qualified and/or experienced adults (approved by an Award Centre)
- ▶ assist Participants to set suitable goals
- ▶ help Participants to develop a program, stay focused and encourage/recognise improvement (mentoring)
- ▶ record positive comments and give final signoff (via paper form or email)

**Assessors should *not* be family members**



- Must provide their Working With Children (WWC) number via the Google form.
- Consider asking a suitable teacher to be your assessor



## Assessor Commencement Guide (ACG)

### The Duke of Edinburgh's International Award – Australia (NSW Division)

<b>Assessors</b>	Assessors are Volunteers* who assist young people with their Duke of Edinburgh's International Award (Duke of Ed). A Participant will need at least one Assessor for each Section of their Duke of Ed to help guide them through that Section.
<b>Award Leaders</b>	Adults appointed by an Award Unit (organisation delivering The Duke of Ed) who are responsible for running The Duke of Ed in that organisation.
<b>Participants</b>	Young people registered to participate in the Bronze, Silver or Gold level of The Duke of Ed.

### Information for Participants

If your Assessor has not already been approved by your Award Leader please complete the *Participant Details* table below and give this Guide to your intended Assessor. Please also remember to give them a sealable envelope to maintain the privacy of their completed *Volunteer Details and Agreements* (last page of this Guide). Return the completed *Volunteer Details and Agreements* to your Award Leader.

**REMEMBER:** *You can ONLY commence a Duke of Ed Section activity AFTER your Award Leader has approved your Assessor for that Section.*

*If you change any of your Assessors you MUST inform your Award Leader.*

**Note:** Award Participants are expected to comply with all relevant / respective safety requirements and procedures and not to act in any way to jeopardise the safety of themselves or others within the activity environment.

Participant Details (for Participant to complete)	
Name	(please also enter your details on p 6)
Contact details (eg phone, email)	
Award level (tick)	<input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold
Award Section (tick)	<input type="checkbox"/> Skill <input type="checkbox"/> Service <input type="checkbox"/> Phys Rec <input type="checkbox"/> Adv Journey <input type="checkbox"/> Residential
Time commitment in months (tick)	<input type="checkbox"/> 3 <input type="checkbox"/> 6 <input type="checkbox"/> 12 <input type="checkbox"/> 18
Chosen activity	
My purpose/goal for this activity is	
Award Unit (School/Organisation)	
Award Unit phone number	
Award Leader	

\* For the purposes of The Duke of Ed, a "Volunteer" means anyone over the age of 18 who assists with The Duke of Ed, either in a paid or unpaid capacity. This includes all Award Leaders, Assessors and Supervisors.

# ADVENTUROUS JOURNEYS – THE HIKE



Ensures Participants are competent in the necessary knowledge and skills to safely undertake their Practice Journey

Prepares the team for their independent Qualifying Journey

Independent team journey

Observing, recording and reflecting





## Practice and Qualifying journeys:

*(both are required for each level)*

- |                |   |
|----------------|---|
| <b>Bronze:</b> | <b>2 days each</b><br><i>(avg 6 hrs <b>purposeful effort</b> per day)</i> |
| <b>Silver:</b> | <b>3 days each</b><br><i>(7 hrs per day)</i>                              |
| <b>Gold:</b>   | <b>4 days (3 nights) each</b><br><i>(8 hrs per day)</i>                   |

At NBSC we use **Somerset Outdoor Learning Centre** for our Bronze Hikes.



# Introducing Gen from Somerset Outdoor Learning Centre



# HIKES 2020

## **Bronze Practice Hikes - 3 days, 2 nights includes 1-day preparation & training**

Option 1: Friday 13<sup>th</sup> – Sunday 15<sup>th</sup> March

Option 2: Friday 20<sup>th</sup> – Sunday 22<sup>nd</sup> March

\* Option 3: Friday 1<sup>st</sup> – Sunday 3<sup>rd</sup> May

\* Option 4: Friday 15<sup>th</sup> – Sunday 17<sup>th</sup> May

## **Bronze Qualifying Hikes - 2 days, 1 night**

Option 1: Saturday 17<sup>th</sup> – Sunday 18<sup>th</sup> October

Option 2: Saturday 24<sup>th</sup> – Sunday 25<sup>th</sup> October

\* Option 3: Saturday 31<sup>st</sup> October – Sunday 1<sup>st</sup> November

\* Option 4: Saturday 14<sup>th</sup> – Sunday 15<sup>th</sup> November



# FAQs

## Can I take a break during my Award?

Yes, you can take a break in any of your activities if you need to. Remember, you will need to make up for the time you have missed during the break. For example, if you have completed two months of a six month Section, and you have a one month break because of exams, you just need to complete the remaining four months after your exams.

## Can I change activities if I need to?

Yes, changing activities is fine when circumstances are beyond your control (eg due to a change of seasonal sport). Remember, you may also have a new Assessor and your Award Leader will first have to **approve** them before you start the new activity.

## Do school or work activities count?

Award activities should be done substantially in your own free time. You should not be paid for any activities that you will count towards your Duke of Ed.

## Can I do my Award in conjunction with Scouts / Surf Life Saving / Cadets etc...?

Yes, if you are already involved with an organisation you can count the activities you do with them towards your Duke of Ed.

## Can I count any activities I was involved with prior to starting my Duke of Ed?

You can only count activities after your Award Leader has accepted you as a Participant.

HSC ATAR – 3 for Gold at UNSW and Macquarie, 2 for Silver at Macquarie

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4



SCAN ME

# GETTING STARTED

## Getting started in 2020

Action:	Steps:	Due:	Tick when done:
Register with NBSC - complete the registration forms, and pay registration fee.	<p>Complete and submit (email preferred with POP payment) signed and completed <i>NBSC Registration Forms</i> (attached) to Ms Busse, or to your campus front office.</p> <ol style="list-style-type: none"> <li><i>NBSC registration form</i>, with \$170 registration fee</li> <li><i>General NBSC Permission to Publish form</i></li> </ol>	Beginning of Week 5 (24 <sup>th</sup> Feb)	
Register online via the Online Record Book (ORB)	<ol style="list-style-type: none"> <li>Access Online Record Book registration page via the QR code or this link: <a href="https://www.onlinerecordbook.org/fo/register/participant/welcome">https://www.onlinerecordbook.org/fo/register/participant/welcome</a></li> <li>Complete all fields, clicking on the <i>Continue</i> button to continue through the sections.</li> <li>Enter <i>Australia</i> into <i>Select Country</i> field</li> <li>Enter <i>NSW</i> into <i>Select your Operating Authority</i> field</li> <li>Enter <i>Northern Beaches Secondary College</i> into <i>Select Award Unit</i> field.</li> <li>Enter your Award Leader's details as: Vicki Busse, <a href="mailto:vicki.busse@det.nsw.edu.au">vicki.busse@det.nsw.edu.au</a> (02) 9939 6942</li> </ol> <p>*Continue through the setup steps and refer to the attachment at the end of this document for further instructions.</p>	Beginning of Week 5 (24 <sup>th</sup> Feb)	
Register for the Practice Adventurous Journey Hike with Somerset.	<ol style="list-style-type: none"> <li>Register for your first Hike with Camp Somerset online (includes a fee), refer to permission note from Ms Busse. **Check email in week 5 for instructions**</li> <li>Return NBSC hike permission note to Ms Busse. </li> </ol>	Week 6 (6 <sup>th</sup> March)	
Working with Children Information for Assessors	<p>Distribute Assessor Information Booklet/Agreement link to assessors. Each assessor must provide their complete details including a Working with Children number in the Google Form provided.</p> <ul style="list-style-type: none"> <li>Department of Education teachers do not need to provide their WWC number but they do need to be asked if they can be your assessor.</li> <li>Assessors cannot be immediate family members.</li> </ul>	Week 6-7 (13 <sup>th</sup> March)	
Once activated on the ORB, setup your sections/activities on the ORB for approval.	<p>Once Ms Busse has activated you, add comprehensive detail to the ORB for each section (Physical Rec, Service, and Skill). Include;</p> <ul style="list-style-type: none"> <li>Type of Activity</li> <li>A goal – well-explained, challenging and achievable</li> <li>Assessor name and email – you must include their email address</li> <li>Select a "Major" – one activity for 6 months</li> </ul>	Week 7 (13 <sup>th</sup> March)	

# ONLINE RECORD BOOK (ORB)

- 1 Welcome
- 2 Award Level
- 3 Contacts
- 4 Participant Details
- 5 ORB Account



[Frequently Asked](#)

## Welcome to the Online Record Book

You are now registering as an Award participant.

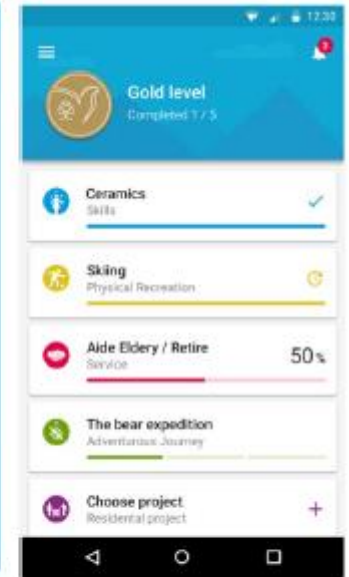
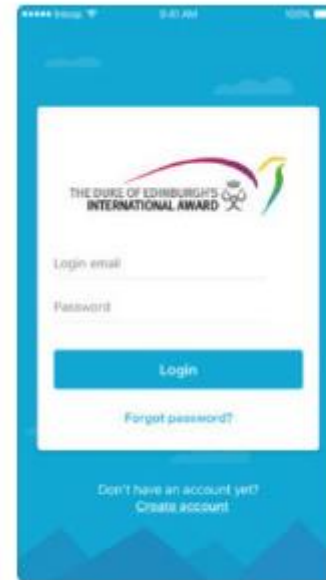
Select Country

Select

Select your Award Centre

Select

Continue





# Northern Beaches Secondary College

Innovation Excellence Choice

T: 02 9939 6942

E: [nbscollege-m.school@det.nsw.edu.au](mailto:nbscollege-m.school@det.nsw.edu.au)

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## Duke of Edinburgh's Award

← College opportunities

Year 7 gifted and talented project



Languages Short Film Festival

**Duke of Edinburgh's Award**



Photos and Videos

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THE DUKE OF EDINBURGH'S  
INTERNATIONAL AWARD



#WORLD  
READY

Bronze registration 2020

**Step 1: Student Information**

[nbsc.schools.nsw.gov.au](https://nbsc.schools.nsw.gov.au)



# Campus Contacts

## Cromer

Mr Tom Oliver  
Mr Jon Hanna

## Manly

Ms Goykovic  
Mr Pimentel & Ms Walker (PDHPE)  
Ms Harrison (Librarian)

## Balgowlah Boys

Mr Brecht & Ms Mason  
Ms Tadros

## Mackellar Girls

Ms Richardson  
Mr Beeby, Ms Karandonis, Ms Maconachie  
Ms Busse (Tues)

- \*Talk with Year 10 students at your campus.
- \*NBSC have over 300 active students doing the Award
- \*In 2019 30 students completed their Gold Award

# WHY DO THE AWARD?

## It's enjoyable

- ▶ it's about getting out there and having FUN!

## It's a fantastic opportunity

- ▶ build your Award around activities and hobbies you are already involved in or start something completely new, your Award is created by you for you
- ▶ meet new people and make great friends
- ▶ have adventure and challenge yourself

## It will enhance your personal development

- ▶ improve your teamwork, perseverance, generosity, self-discipline, compassion, patience, courage, responsibility, self-reliance, independence and determination

## It'll look great on your CV

- ▶ An internationally recognised Award
- ▶ highly regarded by employers and universities/tertiary institutions

OFFICE OF SPORT





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Innovation Excellence Choice

T: 02 9939 6942

E: [nbscollege-m.school@det.nsw.edu.au](mailto:nbscollege-m.school@det.nsw.edu.au)

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# COORDINATOR / AWARD LEADER CONTACT DETAILS

## Ms Vicki Busse

NBSC College Learning and Innovation Centre  
Freshwater Senior Campus  
Tuesday @ MGC

Phone: (02) 9939 6942

Email: [vicki.busse@det.nsw.edu.au](mailto:vicki.busse@det.nsw.edu.au)



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# QUESTIONS?

