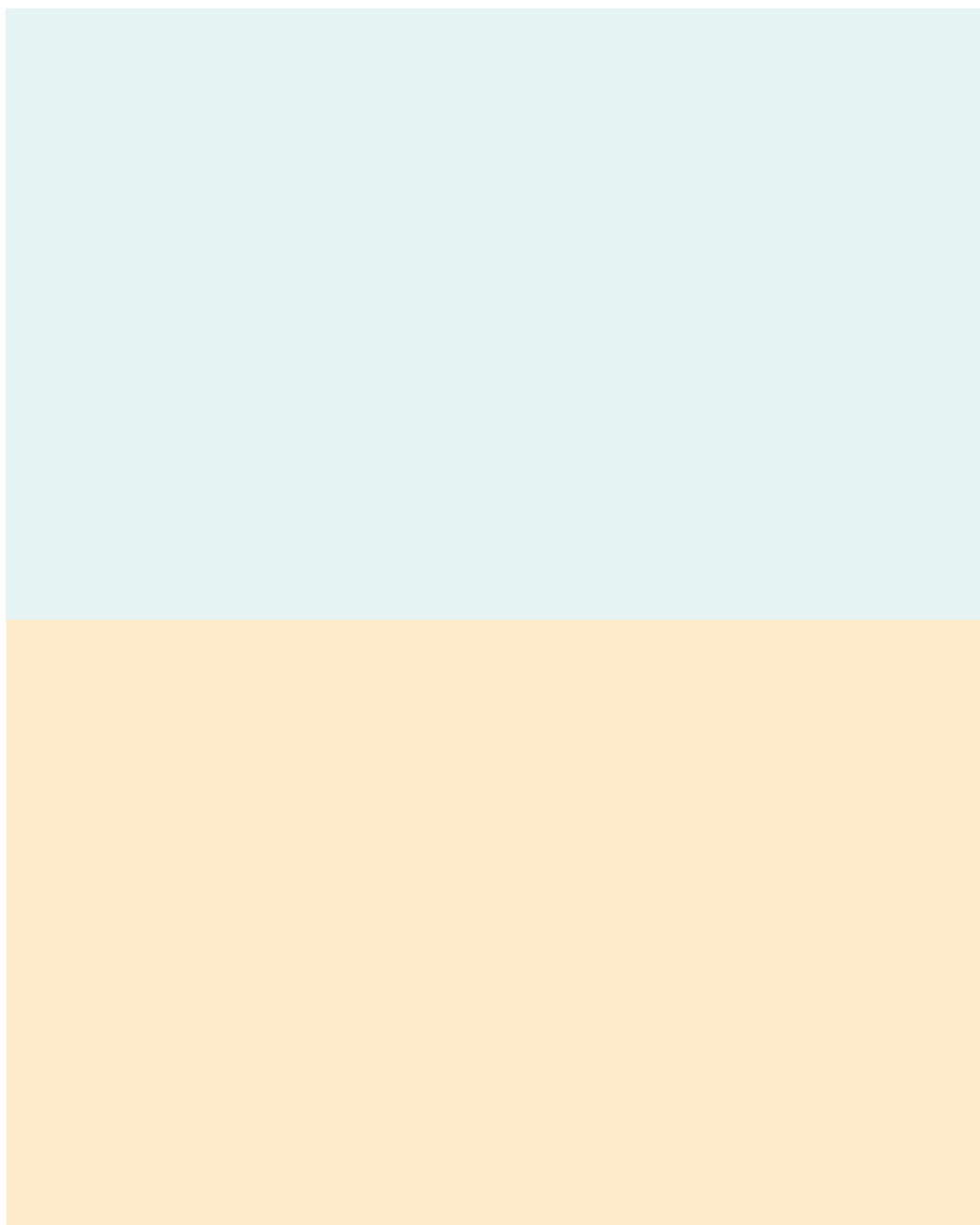


# NBSC

N E W S L E T T E R

T E R M 1 2 0 2 1



N O R T H E R N B E A C H E S S E C O N D A R Y C O L L E G E

# Our Team

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FRANK PIKARDT  
NBSC COLLEGE PRINCIPAL

BEN PIMENTAL  
NBSC HEAD TEACHER,  
TEACHING & LEARNING

RENATA GRUDIC  
NBSC HEAD TEACHER,  
TEACHING & LEARNING

LYNDSAY DOWSETT  
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COORDINATOR

ALICIA COULTER  
NBSC PROJECT OFFICER

KRISTIE CRAWFORD  
NBSC SPORTS COORDINATOR

ALVIN THESEIRA  
NBSC PUBLIC RELATIONS  
OFFICER

KYLIE CRAWFORD  
NBSC ADMINISTRATOR

JOHN PERRY  
NBSC DRIVER

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# Think Globally Act Locally

Written by Renata Grudic  
NBSC Head Teacher, Teaching & Learning

*How can we draw inspiration from the United Nations Global Goals to design a creative solution to a real-world problem?*

NBSC's high potential and gifted Year 7 students have risen to the challenge of recommending solutions to make the world a safer, fairer and more just for everyone. Conducting a research inquiry, they focussed on specific issues identified in the United Nations 17 Global Goals for Sustainable Development.

Students selected one goal that resonated with them and worked in small teams developing a recommendation as to how the goal could be achieved at a local level – on the Northern Beaches, in Sydney or in NSW. Recommendations were presented in the form of a research synopsis, a digital presentation and a persuasive 'pitch' to a panel of experts.

## Outstanding Projects

NBSC Manly Campus, Goal 1 - No Poverty:  
Akshita Ghosh, Zarina Nestel, Charlize Zoldos, Ella Qiu & Jennie Kowalik.

NBSC Balgowlah Boys Campus, Goal 1 - No Poverty

NBSC Mackellar Girls Campus, Goal 2 - Zero Hunger: Celena Panetta, Eleanor Keown, Isabella Nielsen, Kirsten Evans & Miu Oikawa.

NBSC Mackellar Girls Campus, Goal 3 - Good Health & Wellbeing: Zola Cox, Mischa Cooray, Harmony Brizzi, Hannah Moss & Elodie Boreham.

NBSC Balgowlah Boys Campus, Goal 4 - Quality Education: Alex Kandasamy, Connor Blaxell, Liam Cameron & Kingston Sekiranda.

NBSC Cromer Campus, Goal 5 - Gender Equality: Matilda Clarke, Edee Salter, Amber O'Brien, Ruby Nelson, Isabella Burgess, Amelia Pacey & Natasha Howard.

NBSC Mackellar Girls Campus, Goal 6 - Clean Water & Sanitation: Jazz Smith, Maya Lumley, Lily Stevens & Silbilla Nelson.

NBSC Cromer Campus, Goal 12 - Responsible Production & Consumption: Sebastian Hill, Jake Williams, Hugo Stones & Zander Slade.

NBSC Balgowlah Boys Campus, Goal 13 - Climate Action: Joshua Saadeh, Noah Zingsheim-Smith.

NBSC Cromer Campus, Goal 14 - Life Below Water: Bailey Hunt, Dominic Loney & Harper Wilshire.

NBSC Balgowlah Boys Campus, Goal 14 - Life Below Water: Liam Jordan, Tom McMillan, Fintan Badell & Rian Cook.

## Thank you

Thank you to the Campus Coordinators for ensuring the delivery of a highly engaging and successful program - Alistair Boyd, Alana Kosoric, Oliver Hillsmith, Thomas Oliver, Alex Newcomb and Rebecca Reed.

# Think Globally Act Locally

## Spotlight: Panel of experts



**Mr Michael Regan**

Mayor, Northern Beaches Council

Under his leadership, numerous projects such as the completion of the Narrabeen Lagoon trail and the creation of the All Ability Precinct at Collaroy were implemented. Council was also recognised for its excellent infrastructure renewal programs including the Forestville Sporting Facilities.



**Ms Colette Beaudry**

SeaLight Managing Director & Executive Producer

Ms Beaudry is a senior production executive with 25+ years of science, history and natural history experience. She has held key positions at the network executive/series producer or supervising producer level with major broadcasters and production in the USA, UK, Australia, NZ, China and Germany. She has been nominated for 2 Primetime Emmy Awards for National Geographic's Inside 9/11 and The Dog Whisperer, among the Channel's all-time top-rated Specials and Series.

She has also produced top-rating programs for National Geographic, Discovery, PBS, ABC Australia, SBS, ARTE France, SVT Sweden, NHNZ, the History Channel, Science Channel, Oxygen, CBS, TLC, and Animal Planet, among others.

Colette's Master's degree is in environmental science from the London School of Economics, her Bachelor of Science from Boston University in journalism, and she has studied at Oxford University, with additional studies in France and Australia.



**Mr James Griffin**

Member of Parliament

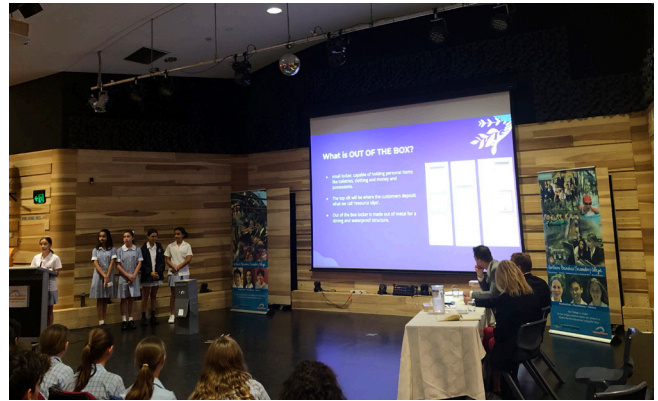
Parliamentary Secretary for the Environment and Veterans  
Mr Griffin is an Adjunct Lecturer in the School of Business at the University of Notre Dame, Sydney and Board Member of the University of Sydney Business School Social Innovation Hub. Mr Griffin is passionate about using data to make better decisions and delivering for improvements for Manly.

Thank you to our experts for participating in the showcase and providing positive feedback to students' presentations.



# THE GLOBAL GOALS

For Sustainable Development



# Duke of Edinburgh International Award

Written by Lyndsay Dowsett  
NBSC Duke of Edinburgh Coordinator



Student Spotlight: Sasha Williamson  
(Year 9, NBSC Cromer Campus,  
Integrated Studies Support Unit)

## Bronze Combo Hike, Somerset Outdoor Learning Camp

5th – 7th March 2021

The location is near the Colo River and Wollemi National Park. There is pristine, rugged landscape with mountains, rainforest, deep gorges and winding river valleys, waterfalls and sandstone cliffs. It is a riverfront property stretching over 40km of the Valley with 14 campsites located on private land, all adjoining the spectacular Wollemi National Park.

The goal was to build skills, enjoy physical activity, challenge myself emotionally, be active, outdoors, and to work in a team.

### Day 1

My favourite part of the first day was having the “moo off” to see who got the last cookies. I also enjoyed getting to know people and setting up the tents. We saw quite a few birds and some insects but not many animals. Birds included Kookaburras and Brush Turkeys. We tried to catch a Brush Turkey for our dinner but did not manage!

### Day 2

I enjoyed sleeping outdoors, cooking for myself and sleeping in a tent. I enjoyed being in a beautiful place with a great group of people. The hiking was challenging but fun. My pack was quite heavy – about 13kg but it got better when I drank the water and ate the food.



## Reflection

I am very proud of myself for doing this as it was a real achievement for me. I have been on hikes before but never without my parents to help pack my things and to make the meals. I also enjoyed being with my peers and doing the things they did. I did not know anyone before I went on this journey but I ended up with lots of friends. I really appreciated the kind leaders who helped us.





# Nanga Mai Awards 2021

Written by Kristie Crawford  
College Aboriginal Education Coordinator

The 15th Annual Nanga Mai Awards were held on Wednesday 31 March 2021. The Nanga Mai Awards celebrates and recognises the outstanding achievements of Aboriginal Students, Aboriginal and non-Aboriginal teachers, other departmental staff, Aboriginal community members and schools that demonstrate excellence across a diversity of areas.

Congratulations to Stephanie Evans (NBSC Manly Campus) who was awarded a Student Leadership Award. The Student Leadership Award is presented to Aboriginal students who have demonstrated exceptional skills in promoting, encouraging and supporting student participation across their school and in their community. Here is her citation:

Stephanie balances her outstanding academic achievement with her strong extracurricular focus. As the Founder and Director of the charity 'Seas of Change' (since 2014), she leads the protection of our marine fauna through education, awareness raising and research. Stephanie mentor's students locally and globally and is often required to speak at events in both school, community and local council meetings. This year Stephanie represented our First Nations people's experiences by giving a voice to her own and other stories via School Assemblies. She is proactively involved in promoting youth concerns at a school, local state and federal government level.

We were also privileged to watch Tom Woods (NBSC Manly Campus) perform a solo piece during the awards. Tom has excelled in all areas of music, representing his school through numerous Arts Unit ensembles. Last year contributing both drum and cello solo pieces for the NAIDOC week collaboration with Uncle Archie Roach. A valued member of the Student Representative Council, Tom regularly performs Acknowledgment of Country for school events.



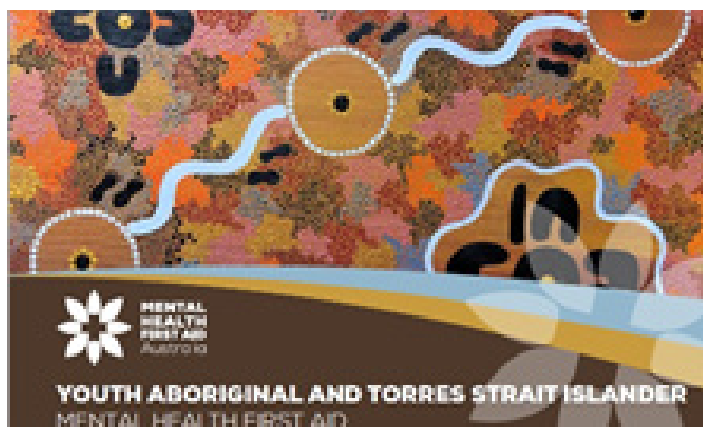
# Youth Aboriginal and Torres Strait Islander Mental Health First Aid Training

Written by Kristie Crawford  
College Aboriginal Education Coordinator

NBSC and The Forest staff were privileged to attend a 2 day course to learn how to assist Aboriginal & Torres Strait Islander young people who may be experiencing a mental health problem or mental health crisis until appropriate professional support is received or the crisis resolves, using practical, evidence based Action Plan.

NBSC staff were the first in the country to complete this national accreditation to support our Aboriginal and Torres Strait Islander students and are accredited for 3 years.

A big thank you to Eliza Pross from Ochre and Salt (Gawura AECG President & NBSC Mackellar Girls Campus alumni) for facilitating the 2 days, Relationships Australia for providing the training, in particular Donnalene Aitchison. Melanie Gould from Sydney North Health Network and Daniel Kennedy from Mental Health First Aid for all your support and relevant contextual examples, which all staff could relate to and be able to put the learnt material immediately into practice.



# NBSC Projects

Written by Alicia Coulter  
NBSC Project Officer

This term we have implemented DMI's 'Shrinking Our Footprint' project, a maths-based design and tech challenge. Year 5 and 6 students from seven partner primary schools worked with Year 9 NBSC Mentors over 3 design and make days. The students came up with an amazing array of innovative ideas, from Carbon Methane Filter to Microplastic Suctions with the finalists showcasing their prototypes at an expo on Tuesday 31st at Curl Curl North PS to parents and special guest Zali Steggell OAM MP. Project Penguin is in the early stages, with Introductory Zoo visits underway and students and mentors eagerly awaiting their habitat and zoo days next term.





# NBSC Sports

Written by Kristie Crawford  
College Sports Coordinator

## Sydney North Softball – NSWCHSSA Championship

The Sydney North Girls Softball team were equal silver medallist in the 2021 NSWCHS Girls Softball Champions after three days of competition at Curl Curl in February. NBSC had 5 students represent Sydney North during the championship.

- Abbie M. (NBSC Freshwater Senior Campus)
- Chelsea B. (NBSC Freshwater Senior Campus)
- Isabella L. (NBSC Manly Campus)
- Keira T. (NBSC Freshwater Senior Campus)
- Tallulah L. (NBSC Freshwater Senior Campus)

Day one saw the girls start well defeating Riverina (7-1), but unfortunately went down to Sydney West (6-4) and Sydney East (8-2). Day two the girls regrouped and played with quality coming away with a clean sweep against South Coast (20-0), Western (23-0) and Hunter (19-0). Day three was another strong performance by the girls defeating Sydney South West (11-2), North West (17-1) and North Coast (12-0).

Congratulations to Chelsea B. (NBSC Freshwater Senior Campus) who was named Sydney North MVP for her outstanding performance throughout the three days.

Congratulations to the following students who were selected in the NSWCHSSA Blue team:

Chelsea Bennett, (NBSC Freshwater Senior Campus)  
Isabella Lorenzo, (NBSC Manly Campus)  
Tallulah Lewis (NBSC Freshwater Senior Campus)

Also, congratulations to the following student selected in the NSWCHSSA Red team

Keira Trim (NBSC Freshwater Senior Campus)



NSWCHSSA RED TEAM



NSWCHSSA BLUE TEAM

## Sydney North Girls Cricket – Win NSWCHSSA Championships

The Sydney North Girls Cricket team competed at the NSWCHSSA Cricket Championships in Bathurst, coming away as silver medallists at the conclusion of the 4 days of competition.

Sydney North won the toss and selected to bowl first in the final of the NSWCHSSA Girls Cricket Championship at Bathurst Sportsground. An excellent spell from the opening bowler and an all-round brilliant effort from the girls in the field. Unfortunately, it was a heartbreaking loss in the final. The girls battled hard and after being 5/41. A brilliant partnership saw Sydney North get agonisingly close to the win.

Well done to Charley C (NBSC Manly Campus), Sienna J (NBSC Freshwater Senior Campus) and Mia N (NBSC Mackellar Girls Campus) who were apart of the side.

Congratulations to Charley C (NBSC Manly Campus) on her selection in the NSWCHSSA 1s team.



## Sydney North Tennis

The Sydney North Junior Girls Tennis Championship was held at Gosford. In the play-off for third and fourth positions, Simone C (NBSC Mackellar Girls Campus) defeated Maria G (Cherrybrook Technology HS).



Congratulations to the following students who competed at the Sydney North Junior Girls Tennis Championship. Results are as follows:

### Junior Girls

Simone C (NBSC Mackellar Girls Campus) placed 3rd

### Senior Girls

Ava S. (NBSC Mackellar Girls Campus) placed 2nd

Elise T (NBSC Mackellar Girls Campus) placed 3rd

Hilton K (NBSC Mackellar Girls Campus) placed 5th

Sophie M (NBSC Mackellar Girls Campus) placed 10th

### Senior Boys

Leroy S (NBSC Manly Campus) placed 8th





## Sydney North Boys Baseball

Sydney North defeated Sydney West 2-0 in their first game at NSWCHSSA Baseball. Tom B (NBSC Freshwater Senior Campus) 2 run home runs and Max M (NBSC Freshwater Senior Campus) starting pitcher 5 complete. Charlie S (NBSC Balgowlah Boys) was also a key player in ensuring the team started with a win.

Sydney North then defeated South Coast 14-4 in their second game.

Day 2 started with a 5 – 0 loss to Sydney South East, however the boys rallied together and bounced back in a tough tight game against Sydney South West winning 5 – 4.

In semi final 1 Sydney North drew 2 -2, unfortunately play was abandoned due to wet weather for the final. Sydney North placed 2nd overall.

Congratulations to Max M (NBSC Freshwater Senior Campus) and Tom B (NBSC Freshwater Senior Campus) for both being selected into the NSWCHS Team.



## Rowing – Words by Kieran Kobelke

NBSC had a very successful day at The CHS rowing regatta, with all in attendance having a great time at the first time representing at this event.

Maddie S (NBSC Manly Campus) won her heat convincingly early in the morning, setting the scene for the rest of the day. NBSC dominated throughout the day and were competitive in all 13 events entered by the 40 NBSC rowers in attendance.

Katja Y (NBSC Freshwater Senior Campus) won her Championship Women's single scull Final executing her best 2km race in a very competitive field. In the U16 double scull Oscar S-G (NBSC Balgowlah Boys Campus) and Dion H (NBSC Balgowlah Boys Campus) backed up their 2nd place silver result from the NSW State championships the week before with a Gold at CHS, an outstanding performance.

Golds kept coming throughout the day.

Gold for the Championship Men's Coxed four of Alan P, Sebastian B, Lewis M and Conor G.

Gold again for the U17 men's Coxed Quad crew of Oscar and Dion from the U16 2x who combined with Dane F and Zane M.

Gold for the U16 men's Coxed Quad crew of Coby R, Levi W, Adam Y and Jack G.

The overall success of the NBSC rowing squad was rewarded with a 3rd place in the regatta point score behind Sydney Boys High (GPS rowing program) and Sydney Girls High.

NBSC rowing Program Director Kieran Kobelke is looking forward to taking more female competitors to CHS next year to challenge these schools for the overall point score top position.

A big thankyou to Mr Tiaan Van Rooyen for being the teacher supervisor, also Kelly Marsh and John Perry for driving the students out and back on the campus busses.

## Rowing – Head of the River Regatta

The NBSC rowing season for 2021 has ended on a high note.

This was the first time NBSC has competed at the head of the river (and the largest public school squad in history) and our results exceeded expectations, and caused some upset amongst the established private schools.

Zane M (NBSC Balgowlah Boys Campus) represented strongly in the year 10, 2km single scull, winning his heat and coming 6th in the final, this was the first time he has rowed this event and was a big learning curve for him.

Oscar S-G (NBSC Balgowlah Boys Campus) and Dion H (NBSC Balgowlah Boys Campus) were favourites for the year 10, 2km double scull, and were caught off-guard by a strong crew from Newcastle grammar. This was the first time they have raced 2km (not 1km) and has left them determined to continue working hard to improve their result next year.

The year 10 Coxed quad consisted of Oliver B, Dane F, Sam M and Own B (Cox: Jelle). They rowed their best race and came a close 5th after 2km of hard teamwork.

Levi W (NBSC Balgowlah Boys Campus) and Jack G (NBSC Balgowlah Boys Campus) won bronze in the year 9 double scull, they overcame a few difficulties and beat Marist College from the ACT on the line.

Our division 2 and division 3, year 9 quads both won their races over 1km in fantastic form upsetting the status quo and inspiring all 10 NBSC Balgowlah Boys Campus rowers to work hard to compete again next year in division 1.

Chase M (NBSC Balgowlah Boys Campus) came 3rd in the year 8 1km single scull, delivering his best race, while the year 8 Double of Toby B (NBSC Balgowlah Boys Campus) and Tobias E (NBSC Balgowlah Boys Campus) had an oar get caught up in the water (crabbed) in the last 15 strokes, narrowly missing out on a medal.

Maddie Stanley in year 9 (NBSC Manly Campus) came second in her single and Katja Y (NBSC Freshwater Senior Campus) came 4th in the open 2km women's event.

These results reflect the quality of the NBSC rowing program and bode well for future seasons.

## NBSC ROWERS WANTED

The NBSC Rowing program is looking for new year 7 and year 8 recruits to be the next generation of rowers.

Who: Year 7 and 8 students

What: Rowing is an inclusive water sport for all abilities and backgrounds

Where: Spit Bridge Reserve West

When: One/ Two sessions p/w (1 – 2 hour sessions)

Cost: Approximately \$25 per session

Registrations Close: Friday 30 April 2021



USE QR CODE  
TO REGISTER

# NSWCHS STATEWIDE KNOCKOUT COMPETITION

## NBSC Boys Basketball - Words by the players

### Round 2 NBSC 54 – Killarney Height HS 31

The game was played at Dee Why PCYC. NBSC started off well and built an early lead, the boys mixed up their defences and kept pressure on Killarney for the rest of the first half. Leading 26 - 9 at the halftime break.

NBSC made some adjustments at halftime and came out in the second half locked in and increased their lead. The team continued to share the ball and helped each other at the defensive end. Killarney scored better in the second half but NBSC pulled away and won the game by 23 points.

Jacob King was the top scorer with 17 points.

### Round 3 NBSC 67 - Narrabeen Sports HS 28

The game was played at Northern Beaches Indoor Sports Centre. NBSC had 2 weeks to prepare for the round 3 clash and came out very sharp, the team started the game with a 11-2 run. The defence was solid and the team converted that into a lot of fast break points. NBSC went into the halftime break with a 31-9 point lead.

NBSC continued to build a lead in the second half and out-scored NSHS 36-19 in the second half. There were solid contributions from all players.

Tasman Parnell was the top scorer with 13

### Round 4 NBSC 68 – Ashfield Boys HS 28

From the look of the score line, you could be mistaken for the NBSC team dominating the game. Ashfield kept the boys honest right up early into the second half. The boys had consistent defence and capitalised in attack.

The game eventually became quite easy for the NBSC team as they ran away with the game in the last quarter.

Tasman Parnell was the top scorer with 19 points

### Round 5 NBSC 48 – Pennant Hills HS 43

This game was the polar opposite to the previous game played earlier in the day. It stayed a close encounter right through to the closing minutes. Pennant Hills had one state reserve player and two very high quality guards.

The lead changed hands on several occasions. Pennant Hills received a couple of unsportsmanlike fouls in the last two minutes of the game which meant NBSC went to the line on three occasions. This allowed the boys to finish the game five points ahead. A very exciting win and game for all involved.

Tasman Parnell was the top scorer with 18 points

## NBSC Girls Hockey

The NBSC Girls Hockey team have made it through without donning the uniform to Rd 2 of the NSWCHS Statewide competition, as our opponent Carlingford HS forfeited. The girls will face NBSC Mackellar Girls Campus, in what will be an exciting game of Hockey.

## NBSC Boys Hockey

The NBSC Boys Hockey side will play their first round game (Rd 2) in early Term 2 against North Sydney Boys HS. Best of luck to the boys in their first game.

## NBSC Boys Baseball

The NBSC Boys Baseball game was postponed due to the torrential rain NSW face a few weeks ago. They will meet with North Sydney Boys HS in the early weeks of Term 2. I look forward to watching the boys take the diamond and showcasing their skills.



# 2021 Lifeline High Schools Surf Challenge

14 teams across both Boys and Girls Divisions competed on Friday, 26 March 2021 at Curl Curl Beach in the High Schools Surf Challenge. This was a tag-team format with 5 surfers per team. Each surfer caught 2 waves to count towards their teams total with the second wave for each surfer worth double points.

Congratulations to all teams who competed.

The teams that competed in the final were, in place order:

## BOYS

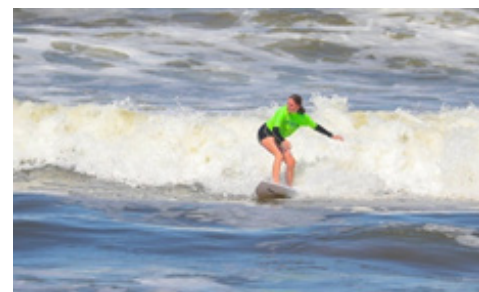
- 1 - St Luke's Grammar School
- 2 - NBSC Freshwater
- 3 - NBSC Balgowlah A
- 4 - NBSC Balgowlah B

## GIRLS

- 1 - Northern Beaches Christian School
- 2 - Pymble Ladies' College
- 3 - Queenwood
- 4 - NBSC Cromer

A big thank you to Lifeline Northern Beaches in particular David Thomas, for his ongoing support for the local High Schools and Steve Harrison – Global Surf Tag for running the event and ensuring the success of the day and finally Northern Beaches Council for sponsoring the event.

Photos credited to Bernadette Johnson



# INTERSCHOOLS SNOWSPORTS



The upcoming 2021 Subaru Sydney Interschools Snowsports Championships are scheduled for Thredbo and our Snowsports team is now looking for new members.

While there has been a few changes this year, including the College support of our team and recent updates to the SnowAustralia rules and event scheduling, you'll still be able to experience all of the fun that winter racing provides.

Racers can participate in Ski Slalom, SkierX or Snowboard Slalom and BoarderX events. Moguls and Slopestyle (Skis and Boards) join the competition at the next level of competition, the NSW Championships. Events can be entered as an individual or as a member of a divisional team. Our regular racers are ready to welcome the next group of Year 7's, or those older students, interested in 'having a go'. As a special initiative this year there'll also be a Year 13 division for those 2020 Year 12 students who missed out on racing due to the Covid19 restrictions and event cancellations.

All five NBSC campuses are expected to be represented by a keen group of skiers and boarders who are ready to test themselves against the course and the race timeclock.

Successful qualifiers from the Thredbo event progress through to the Subaru SSA Northern States Interschools Snowsports Championships, at Perisher in late August, and the SSA Australian Interschools Championships back at Mt Buller, early September.

Entries for the opening event, held during the second week of the July school holidays open early May and close late June. Families wishing to be involved can direct inquiries to [mark@markpurkiss.com](mailto:mark@markpurkiss.com)

Follow the below link through to the NSW Interschools Snowsports website for more event information NSW/ ACT/QLD/SA | Snow Australia Interschools or like us on our unofficial Snowsports facebook page at <https://www.facebook.com/groups/1554955111467801/>

If you enjoy skiing or boarding and would like to be involved in some fun downhill racing, join our Snowsports team, wax up your skis or board and head down to Perisher this July. Win or lose you are bound to make new friends and have plenty of fun.

An Information Session is scheduled for 6:30pm on 4 May 2021 and will be held in the NBSC Freshwater Senior Campus Auditorium. Entry details, changes to our team structure, race rules and event scheduling will be discussed. Please invite any interested friends.

Mark Purkiss, 0439 439 731



## TERM 2 KEY SPORT DATES

28 – 30 April	NSWCHS Swimming Championships
3 May	Warringah Zone Cross Country Championships
5 May	Warringah Zone Grade Sport Commences
12 May	North Shore Zone Grade Sport Commences
14 May	North Shore Zone Athletics Championships
20 May	North Shore Zone Cross Country Championships
21 May	Warringah Zone Athletics Championships
4 June	Sydney North Cross Country Championships

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